

Course Schedule

The Counselling Relationship and Projective Techniques

The Development of the Child in Relationship and Establishing Relationship

Advanced Empathy and Counsellors use of Self

Workshops

- Listening Skills
- Ethics & Child Protection
- Projective Techniques – Mediums of Play
- The nature of Empathy
- Unconditional Positive Regard
- Congruency
- The development of the self 1
- Assessment of the child/family
- Attachment and Separation
- Counsellor Self Maintenance
- Development of the self 2
- Models of the Person 1
- Doors to contact and diagnosis
- Working in the context of other professionals – Ethics/Risk Assessment
- Neuroscience
- Transference and Countertransference
- Advance Projective Technique – Drama, Story telling & Fairy Tales
- Family Therapy
- Models of the Person 2
- Eating Disorders School Phobia and Bullying
- Education and the issues of Learning
- Shame and Envy in Childhood and Adolescent
- Projective Identification
- Advance Projective technique - Art
- Child Sexual Abuse
- Psychiatric Considerations in Childhood and Adolescence
- Bereavement and Endings

An influential report by Lord Layard highlighted:-

'One in ten of our school-aged children have a diagnosable mental health problem, causing major distress or seriously interfering with their development' and only 25% of them have seen a mental health professional in the last year.

Mental health problems impair learning and increase issues such as school exclusion, truancy, risk of substance and alcohol abuse. Self harm and suicide are also associated with poor mental health and so a programme of early intervention in childhood is central to the prevention of later mental and physical disorders

Lord Layard, a psychotherapist and emeritus professor of economics, whose advice prompted a recent £173m investment in adult therapists, said children's mental health services need an extra 1,000 therapists to help cope with demand and that training of child specialists should start in 2010.

Dr Tim Kendall, joint chairman of the National Collaborating Centre for Mental Health also said the investment in children's therapists was long overdue.

Lord Layard in his report pointed to two important lessons emerging from all studies of treatment and its effects. Firstly the competence of the therapist is crucial, secondly treatments have bigger effects the worse the child's problem is, which highlights the huge importance of a well trained workforce.

The report also recommended that the therapy wherever possible be:-

'close to people's homes and in non-stigmatising environments such as school, GP surgeries and Children's Centres'

The report highlighted the cost benefits to all agencies involved with children such as schools, health and the criminal justice system and that the therapy cost would 'repay itself at any success rate above 1 in 25' of a child with conduct disorder over his/her lifetime.

Therapy And Counselling, TACT, is a training company based in the North East of England who have been training Child Psychotherapeutic Counsellors since 2005 who were already aware of the need for therapy for children. TACT specialises in Child Centred courses to train key workers to fill the shortage in this vital area of child provision.

For more detailed information or to arrange an informal meeting to discuss the course please contact us below:

Contact Us

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44 Newcomen Terrace, Redcar, Cleveland, TS10 1DB



Diploma in Psychotherapeutic Counselling with Children



**Children's mental health services need
an extra 1000 therapists to cope
- Lord Layard 2009**

What is Psychotherapeutic Counselling with Children?

Psychotherapeutic Counselling with Children will draw on psychology using a humanistic - integrative approach. It draws upon developmental gestalt and a range of integrative theories to enable a thorough understanding of how to work effectively with the child in a counselling setting. Trainees will therefore be child centred, being able to be flexible enough to meet the needs of the child at their particular age of development. The relationship is a crucial part of the healing process and underpinning the course will be a working knowledge of the dynamics of relating including the issue of transference.

Who is the course aimed at?

The Diploma course is aimed at people who would like to work with children in the counselling field. This is an exciting area of work with Counsellors needed for the specific engagement with children.

The course is suitable for:

Headteachers	Teachers
Social Workers	Learning Mentors
Classroom Assistants	Play Leaders
Behaviour Specialists	Health Workers
Psychologists	Project Workers
Community Psychiatric Nurses	Youth Workers
Connexions Staff	Nursery Staff
Foster Carers	Parents

Course structure

There will be 8 two-day workshops each year, run over weekends and one 4-day summer block. Each day will be divided into sections that focus on four areas, namely: group process, theory, supervised skills practice in both small and whole group settings and supervision.

The day will start at 9.30am and end at 5.30pm, with morning and afternoon breaks and 1hour 15minutes for lunch.



Contact us on: +44 (0)1642 491212

Supervision

Following the completion of key workshops, training placements will be allocated to students to practice their skills in a real-life environment. It is mandatory that students arrange for supervision with a suitably qualified UKCP or BACP accredited supervisor. Students will be expected to complete 40 hours of supervision in each year and, to encourage mutual learning and support, this will normally take place in a group format. The cost of supervision is not included in the course fees.

Personal therapy

All students will be expected to undertake their own personal therapy from the start of the training and the duration of the course. Students will be expected to have a minimum of 35 hours per year personal therapy with a minimum of 120 hours before accreditation. Choice of therapist is a personal thing however the therapist must be of a Humanistic-Integrative orientation. The fees for the therapy will be the responsibility of the student. A personal learning journal will be kept from the start of therapy.

Assessment

Assessment of skills and knowledge is an ongoing part of the course and will include Self, Peer and Tutor assessment via written projects, case study, training log and technical demonstrations.

Successful candidates will be awarded the Diploma in Psychotherapeutic Counselling with Children on the successful completion of course work assignments, a case study and video/taped transcript. In addition candidates must have attended all workshops and met the requirements of clinical supervision and personal therapy.

Once all requirements are met, candidates will be eligible to be registered with the United Kingdom Association of Psychotherapeutic Counsellors (UKAPC) as a Registered Psychotherapeutic Counsellor.

Tact (taekt) ~ noun

Skill in dealing with people or situations.

Delicate perception of the feelings of others.



Email us at: info@tact-ltd.co.uk

Other requirements

All trainees must have a current Enhanced Police Disclosure. All trainees working with children need to be in regular supervision. All trainees must have Professional Indemnity Insurance. Before being able to commence working with children key workshops will have to be completed.

Placements for working with children will normally be available to those undertaking the course. The course requires the trainee to work with a minimum of 2 children in placement.

Course Trainer

Karen Davies-Hough is the course leader who is a UKCP Registered Psychotherapist. Her background includes Teaching and Social Work. She has been practicing for over 18 years in both private practice and local authority settings working with adults, couples, families and children.

Other course tutors will be involved at various stages to provide specific input on a variety of topics.



Applications

If you wish to arrange an informal interview with Karen please contact her at Therapy And Counselling Teesside Ltd (TACT) 01642 491212. Application forms can be obtained from TACT, 44 Newcomen Terrace, Redcar, Cleveland, TS10 1DB or from www.tact-ltd.co.uk

Fees

Fees may be paid in full at the beginning of the year or by standing order over 10 months.

www.tact-ltd.co.uk